



Georgetown Sleep Center

Experienced care to put your sleep problem to rest.
Accredited by the American Academy of Sleep Medicine.

Jim Curlee, DO

C. Keilty Darnall, MD

Prior to your sleep study:

- Please arrive on time, but no earlier than your scheduled appointment.
- Please bathe/shower and wash your hair prior to arrival.
- No lotions/gels/conditioners allowed on face or body.
- Please eat dinner before you arrive. The Tech will begin preparations upon arrival.
- Bring comfortable sleep clothing. (Underwear alone is not allowed.)
- For security purposes, we do not provide public Wifi.
- All electronic devices, including cell phone(s), will need to be turned OFF prior to your sleep study.
- Bring all necessary medications for night time routine. **Do NOT take your sleep aid until instructed by Tech.**
- Your test will be over at approximately 5:30-6:00am, and you should be able to leave no later than 6:30am.
- Your results will be furnished approximately 7 business days after the test.

For MSLT (Naps) Study Only:

- Please be prepared to stay through the following day after your night study. The approximate departure time is 5:00pm
- Breakfast will be ordered from Sonic and Lunch is ordered from WhichWich. You are welcome to bring your meals from home.

TelePhone# 512-868-5055 Fax # 512-868-5077

****Please call and speak with our office staff during business hours to cancel or reschedule your sleep study prior to the 72 hours of appointment to avoid any and all charges.**